

PEOPLES COSPEL COSPEL CHURCH 語尾語管

AUGUST 11, 2024 2024 年 8 月 11 日

> ACTS 2:38 使 徒 行 傳 2:38 REPENT AND BE BAPTIZED 悔 改,受 洗

OUR CONFESSION OF FAITH 能的信仰

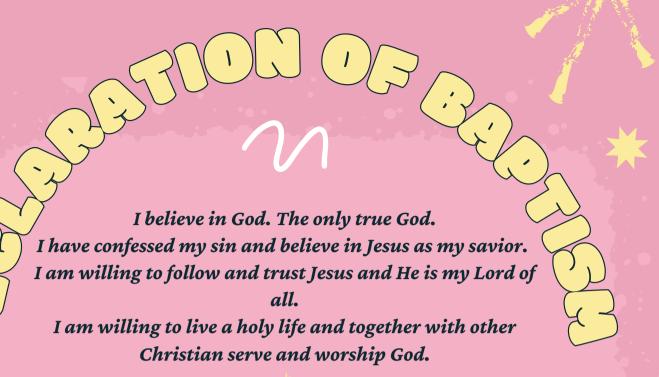


We Believe:

- That all Scripture is given by the inspiration of God. (II Timothy 3:16-17)
- That the Godhead exists eternally in three persons the Father, the Son and the Holy Spirit. (John 1:14; II Corinthians 13:14)
- That Jesus Christ is the Son of God, born of virgin Mary and God manifested in the flesh. (John 1:14; Matthew 1:20-23)
- That sinners are saved by grace through faith alone, and the atonement by the blood of Christ. (Romans 5:1; 5:6-9; Ephesians 2:8-9)
- That Christ rose from the dead, according to the Scriptures; and His bodily return to earth, a purifying hope to the believers. (Acts 1:11; I John 3:2)
- That there will be eternal life for the saved and eternal punishment for the lost. (Revelation 20:11-15)

我們篤信:

- 全部聖經都是神所默示的。(提摩太後書 3:16-17)
- 真神為三位一體的聖父、聖子和聖靈。 (約翰福音 1:14; 哥林多後書 13:14)
- 耶穌基督為神的兒子,道成肉身,由童貞馬利亞所生。(約翰福音 1:14; 馬太福音 1:20-23)
- 所有罪人得救是本乎恩,罪得贖是靠基督寶血。 (羅馬書 5:1; 5:6-9; 以弗所書 2:8-9)
- 基督按著聖經所說,由死裏復活,並將親自再臨地上,此乃信徒虔誠的盼望。(使徒 行傳 1:11; 約翰壹書 3:2)
- 得救的人得永生,滅亡的人承受永刑。 (啟示錄 20:11-15)



我相信上帝是唯一的真神。 我真心承認我的罪,並相信主耶穌是我的救主。 我願意專心信靠跟從主耶穌,是我唯一的神。 我願意和教會眾信徒一同過聖潔合一的生活,敬拜事奉主,並傳揚福音。



Wing Yin Eric Lam

成為基督徒之前的生命

在我成為基督徒之前,我的家庭至少是崇拜多位神明的。我們家裡有三四個神台,每天要上香,每晚要 燒衣紙。逢初一、十五都有額外的祭拜,但父母從未解釋這些神明的來歷、崇拜的意義,或天地萬物的創造與人生的目的。

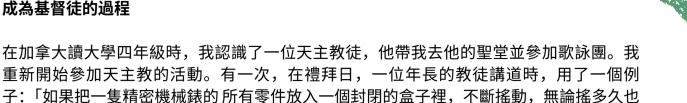
從小學一年級開始,我就讀於天主教學校,這讓我接觸 到天主教的信仰。我從聖經課上了解到神創造了這個世 界,並學習了許多聖經故事。我們每天早上都在聖堂裡 念玫瑰經,儘管這些經文有助於成績提升,但我並不理 解為何每天要重複誦讀。

在初中時期,我患上了鼻竇炎,需要經常到診所接受小手術,將兩根鐵管貫穿鼻骨來洗鼻。這段經歷非常痛苦,這病持續了兩三年,不斷復發。我記得有一次在診所裡,心裡呼喊著向天主祈禱,希望祂能醫治我。直到中學二年級,我轉看另一位醫生,他建議我進行手術,手術後我的病終於痊癒了。

此外,我家中與我親近的舅父和表哥是虔誠的佛教徒, 他們影響我開始接觸佛教,理解佛教的世界觀及 教義。 佛教強調「緣」這一概念,認為一切事物的結果都是由 緣份所致,包括天地萬物也因緣而成。



成為基督徒的過程



由於我的理科背景,大學主修工程,工作後教數學和物理,因此個人思想偏向理性化,習 慣用邏輯來推論每件事。但在教物理課時,我觀察到宇宙的完美與生命的神奇,使我相信 這個世界必定有一位無所不能的神來創造。

不會組裝出一隻手錶。」這個例子給我留下深刻印象,讓我覺得佛教的緣份說法缺乏邏輯。

耶穌說:「復活在我,生命也在我;信我的人雖然死了,也必復活」(約翰福音 11:25),耶穌 基督的復活證明了他的神聖及勝過死亡的能力,這確據使我相信跟隨耶穌基督可得永生。

大學時期,我認識了現在的太太,她是虔誠的基督教徒。我們回到香港後開始參加基督教 崇拜。回流加拿大後,我的兩個女兒去年受洗,我也感到是時候受洗,並希望我的洗禮能 帶領我的親人和朋友信主。

成為基督徒之後的生命

成為基督徒後、凡事跟隨 聖經的教導,學會將一切 事務交託給神、凡事感 恩。我知道神所做的每一 件事 都有祂的目的,且 一切都是美好的。





In the early 50s when I was about 10 years old, I used to go with my father to St. John's Cathedral, Garden Road, Hong Kong when I started to learn about Jesus, Christ, our Load and God. I also attended Sunday School with my brothers and sisters on and off.

When I turned 16, my father passed away at 49 due to Cardio-vascular complications. I had to continue the family business, take care of my 5 brothers and sisters all younger than myself, the youngest just 11 months old, and carry on my studies. With the huge responsibility on my shoulder, I had to repeat the last year of my secondary school also at the University of Hong Kong. I had to strike a balance to allocate my time that I spent more on business to keep the family going.

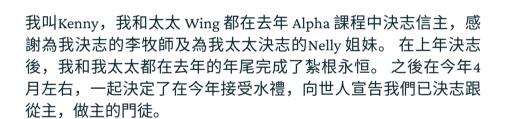
Up until 1995 when I moved to Canada, I already accepted Christ, just that I did not have any plans to get Baptism. I finished part of 'New Believer Follow-Up Course – Rooted in Eternity'. I went to different churches with friends also my son Ronald and accepted Jesus Christ as personal Savior.

Late last year, 2023, when I was involved in a traffic accident, hitting a car running a red light, I T-boned it at a low speed. If it was 1/10 of a second later I would have been hit by the car which I believe would have been disabled for life if not killed. I had an immense feeling that Jesus from above gave me the blessing that I was only slightly injured. Since the incident, I felt very grateful to Jesus and started to attend church religiously.

I look forward to my baptism in August and commence the last chapter of my life.



Ran Gon (Remy)



我真正認識主之前,其實我在香港已有不少接觸主的機會。我的姐姐也是一位基督徒,她決志跟隨主已有20多年。不過我之前只有跟她參加一些教會的活動,例如打籃球,BBQ。 也有參加過一些分享會,見證會。但當時沒有認真想過,自己的宗教,靈命。還有我現在才回想起,我結婚時,我媽媽就送了我一條十架的項練,她說是外婆留給我的,而我外婆就是生活在基督教的圍村。



雖然在香港有很多機會接觸到主,但都沒有跟隨。但去年年初,當完成了在加拿大的課程,開始面對這邊的不同壓力,身心開始覺得疲累。及後來到多倫多這邊。太太的姑媽邀請我們一起到教會參加崇拜,好認識多些這邊的人物,及早適應這邊的生活。現在回想,很感謝當時姑媽的邀請。因為我們第一天來到教會,就認識譚牧師跟宋太。譚牧師也給了我一個別的牧師不一樣的感覺。而宋太真的給了我和太太一個家人的感覺,我太太也很相信她。在往後幾次的週日崇拜,宋太也介紹了不同的人給我認識,又會為我搵工的事情禱告。在過了數個月後,雖然還沒找到工作,但內心裡的不安,漸漸減去。很奇妙,心裡會常常想一段歌詞,是來自鄭秀文的上帝早已預備:「上帝早已預備,至少我不被遺棄,難得你,為我死。」我之前不是她的歌迷,也記不起甚麼時候聽過這歌。但就不明的,當有壓力,心裡就會想起這歌。

所以,在之後我想更了解一下這個神,所以報了 Alpha 啟發課程。 在課程進一步了解神, 及聖經。又了解到甚麼是禱告。在課程最尾的一課,我在李牧師的幫忙及帶領下,在當天 決志信主。

信主後,我嘗試把所有事情都交付主。做所有決定前,都會在禱告中告訴主。每天起床會感謝主賜我生命,睡前又在禱告回想當天的事情。

最後,我明白到單靠每天禱告是不能靈命成長。要靈命成長,要靠修讀聖經,才能明白主 的意思,才能活得更豐盛。

現在,我希望我的3個女兒,也能真心一起跟隨主,作主的門徒。

上帝早已預備全歌詞:

就算我可得到,世間的財寶, 但你卻說要我知道,是永生的道路, 是我在罪人時你賜我中保。

就算我可得到,今生的自豪, 但你卻說要我知道,別為因此而煩惱, 在絕望裡投訴,只要仰望主,那怕會迷路。

上帝早已預備,我不相信運氣,即使風光明媚, 但卻不是你預期,上帝早已預備,至少我不被遺棄, 難得你,為我死(難得你,為我死)。

感謝你,你會為我打氣,感謝你,從谷底將我救起, 感謝你,縱使,失去我的真理,但我沒有忘記。





我在2013年聖誕節時收到一份驚人大禮:大腸癌。

當時我覺得何必偏偏選中我「中獎」。在手術前,梁牧師和一些教友剛剛回港,他們到醫院探望我並為我祈禱,求神保守我一切順利。這一次是我第一次接觸主,向神呼求。手術後我要做電療25次,化療6次。電療每週做五次,連續做五個星期。做完電療後休息一個星期再做化療。最初電療做了五次我覺得很辛苦,因為電療是在腹腔位置,所以影響到我的腸臟。徵狀是我經常突然肚瀉不止,不能控制。就是服了腸藥也要時間去復完。初期很怕出街。就算要上街我都要清楚知道最近的洗手間在那裡。或者我要穿尿布。這情況從最初每日一至兩次到後來一星期一,兩次。這情況延續了很久,現在這情況仍可能會突然發生。我希望藉這機會提省弟兄姊妹多注意身體,要提早檢查身體。

2018年尾,我退休後從香港返加拿大定居。返多倫多後乘搭的士回家,我搬了兩件行李上手推車,突然發覺眼前漆黑一片。我迷迷糊糊的推車過馬路,然後立刻找到一張椅子坐下來,過了大約半分鐘時間,我視力恢復過來。回家後立刻去看家庭醫生。他替我檢查後立刻安排我去Sunnybrook醫院見心臟科醫生。一個星期後安排我做心臟科手術。這心臟手術本來要在2014年做,但因為我同時患有癌症,我在香港的心臟科醫生說還可以再等五年,五年後如果癌症沒有復發才安排做手術。五年後癌症沒有復發,我便做心臟手術。我很感謝我太太和教會的弟兄姊妹的支持和為我祈禱。感謝神,我手術很成功。康復後我每星期都返教會崇拜和追求天父的旨意。

2023年10月教會有個話劇演出,太太叫我一齊去看。我說不去了,當時她沒有說話。到下午二時左右,她再叫我和她一起去看話劇,說去看話劇總比在家一個人發呆好。終於我和她一起去。當時阿Jack講他的故事,好感人和發人深省,心裏有很深的感受,也相信天父會原諒和帶領信祂的人悔改。話劇完畢後,譚牧師講道,呼籲未信主的人決志跟隨主,又說如果有決志的在所傳的盆內拿起十字架,表示你的決心。當時梁牧師把手中的盆拿過來,聖靈感動我,我心突然對我說這是時候了,我便立刻拿起十字架。梁牧師很高興,說:「我們等待你這時刻已經很久了。」太太也高興到不得了。

我到萬民堂參加崇拜聚會已經幾年時間。當我決志後,我每天都向神祈禱,祈求神保守和潔淨我們,也潔淨我們的飲食,使我們得健康。由決志到現在我每天都仰望神,向祂禱告。我發覺煩擾我的肚瀉,由每星期一兩次,減至每月一兩次。在神手中,凡事都能,感謝神聆聽我的禱告。祂眷顧我,保守我。我要成為主喜愛的信徒,做主所喜悅的事。我願意終身服待主。

衷心的感謝太太和教會眾弟兄姊妹們這些年來對我不離不棄的支持,鼓勵和禱告。使我有美好的今天和明天。願神祝福大家。



SO FUNG NGAN 瀬素鳥

我是香港土生土長,在基督教會學校讀書,沒有任何宗教信仰。大約30多年前參加一個佈道會。(梁燕城及溫偉耀)心靈上的追求。移居多倫多後,2014年參加萬民福音堂啟發課程十課堂,認識主耶穌救恩。

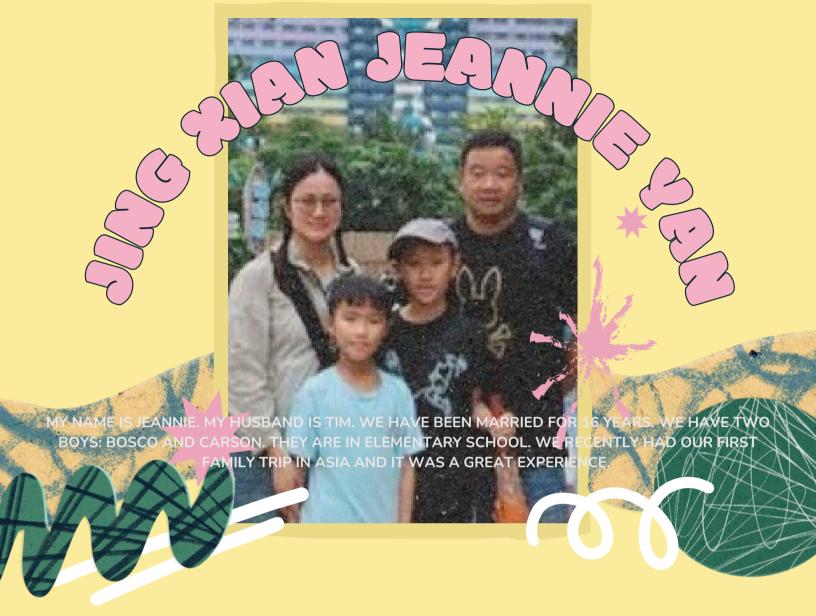
2023年6月,譚牧師及宋太探訪期間時候令我清楚接受耶穌為生命救主。我的生命不再一樣。從前憂慮不安。信主後,祈禱交託給耶穌,心靈得平安。

願日後常常讀聖經,多認識神,生命豐盛。

主耶穌說:「我來了,是要叫羊(或作:人)得生命,並且得的更豐盛。」約翰福音10章10節



allee



大家好,我的名字是Jeannie。我和先生結婚16年,有两个孩子,我是一位全職媽媽。2015年我们搬出爸爸妈妈的家,帶著對未來美好期待搬入自己的家。不久之後生活開始變得不簡單,當時我每星期工作五天,有三個不同的工作時間,工作以外的時間也十分忙碌照顧家人。日復一日緊凑的生活節奏全憑意志。偶爾一場生病都會打亂了所有安排,舉步難行,感覺猶如生活在暴風雨中,這樣的日子不是幾天是幾年。面對許多突如其來的挑戰好無助。遇到困難和問題不懂解決,有時只能用消耗的方法去迴避。

直到2023年10月,在一位姊妹的家中聚餐和三個姊妹分享過程中,我跟隨自己內心的聲音决志相信耶 穌。 信主後,特別感謝主安排兩位姊妹和我做初信栽培課程。另外,每個星期的崇拜,每個月的小組聚會還有網上聽講道都幫助我成長。減少孤軍作戰的感覺。倚靠着聖靈和聖經時常感動和提醒我。在複雜的人事關係,同自己的相處,同家人的相處,同朋友的相處,發生碰撞是很難避免。思想聖經的話語,在混亂的環境里添一份平靜,正向的語言融化了沖口而出的言語。我淺嘗到神的愛和大能。雖然結果不是自己想要的結局,但是那份稀缺的安穩在凌亂的思緒中好重要,並且擴闊我的視野。我會堅持每天操練,讓我們的家有真愛。敬畏耶和華是智慧的開端。

分享一段受益的經文,申命記第31章7和8節。摩西召了約書亞來,在以色列眾人眼前對他說:「你當剛強壯膽!因為你要和這百姓一同進入耶和華向他們列祖起誓要給他們的地,你也要使他們承受那地為業。耶和華必在你前面行,他必親自與你同在,必不撇下你也不丟棄你。你不要懼怕,也不要驚惶。」



SZO WING MEMMG

在信主以前,我有接觸過聖經,當時只是當一本歷史書來看,但 對神的形象仍是很模糊。過往我的人生充滿灰暗, 思想負面,每 天都過著不開心的生活,不知道每一天生存的目的。

在2023年來到多倫多,有幸在姑媽Polly的帶領下,開始接觸教會生活,並上了Alpha Course,在這個課程中更加認識主,亦明白到如何作為一個合神心意的基督徒,最後由Nelly帶領下決志,並得到譚牧師,李牧師,宋太,Priscilla等的幫助下更融入教會生活。

在決志後,我內心得到了前所未有的平靜和平安,負面思想減少 了,每天都感恩地過著。

現在的我每次做一個決定前都會先停下來想想這是否神所喜悅的才會做。心裏面亦時常好像有一種溫暖的感覺。在Women's Retreat 那天,在低頭祈禱以及細想過去時,我還感覺到好像主張開祂的手去擁抱著我,我立刻感到神的大愛,祂願意接納這個曾感到無助的我。這個經歷令我更加肯定希望透過水禮去放下舊日的我,迎接重新的自己。

My husband is Kenny hobbies are cooking and crochet.

Hi, my name is Wing, I

have 3 daughters:

Jenelle.

Jasmine, Ondrea and



My name is Ugochukwu and I was born in a Catholic Christian home of five kids. My dad wanted me to become an altar server, which I enrolled in, and my mom wanted me to be part of the Legion of Mary group. Church has been a huge part of me since I was little, and I saw the wonders of God work through my family. We shared a huge bond as a result of our walk with Christ. I remember how we frequently did midnight prayers together as a family. My siblings and I would go for evening mass on a weekly basis (Mon-Fri) after school. I was taught to hold on to Christ from an early age because we lived in a third-world country where voodoo and witchcraft were rampant, and Christ was our only form of protection.

As a young boy in an ever-evolving world, constantly under the attacks of the accuser of the brethren, I was pulled away from God's presence. When I got into the university and had freedom away from my parents, I got mixed up with the lifestyle other kids my age were into, which resulted in me drawing far away from God. But regardless of my many sins, I never gave up on God. I still fall into the consciousness of His presence from time to time, where I give an account of my life choices and seek God's mercy.

When I graduated from university, I fell terribly ill, and all the medical tests I took came out negative, but I knew deep down I wasn't okay. I described my condition to the doctor, who, from my symptoms, recommended I treat the ulcer, which I did, but only grew worse. I spoke with my friend's uncle, who was a pastor, about my health challenges. He recommended I stop the medications and pray over my situation, confessing the healing Christ bestowed upon me by His selfless act on the cross. I did the prayers, and within a month, I was restored to perfect health. I changed my lifestyle and fully committed my life back to Christ in January 2020, started frequenting church again, and ever since, I have been in the presence of God, seeking Him day and night. I pray and fast without ceasing.



Rarina Yan Kie RMAM

Hi I'm Karina! I was born into a Christian family so I've been going to church pretty much forever. The stories of David and Goliath and Jesus dying on the cross to save us from our sins were all ingrained in my head from hearing them all the time. I loved going to church every Sunday to see my friends and get candy from my Sunday school teachers. But at that young age, I never really thought much about it as going to the church building was just a weekly routine.

I never doubted that God wasn't real. I truly believed that he sent his one and only son to save us from our sins. But I just never really felt that personal connection with him. After hearing countless testimonies being shared about that pivotal moment in life where God healed them or they personally heard him, I found myself questioning and seeking for it. I also wondered how God could use me for his kingdom.

I've realized that throughout my life, a lot of people come to me to share how they are feeling. Sometimes, it's not very positive and some of my closest friends from even elementary school started sharing the negative thoughts that they were going through. It was really tough to hear and I tried my best to be there for them. But this required a lot of time spent having to be with them or having to text with them to make sure they were doing okay. At one point, I started getting upset at God as I didn't understand why this kept happening and it eventually started to feel like a burden to me. But whenever I thought this way, I would feel extremely guilty and bad afterwards. So my thoughts would just constantly go back and forth.



Hi I'm Karina! I'm 16 years old and I go to Dr. G.W Williams Secondary School. My parents are Daniel and Peggy, we've been going to church together since I was born. I have a huge passion for music and my favourite things to do are listening/playing music and eating. I love trying new foods and cuisines. I'm very excited to get baptized alongside my

With the Teens Conference theme in 2023 being Our World Transformed, it talked about how different people go through very different things and how being Christians, what we should do. In a bible study we did (Matthew 5:13-16), Jesus describes his followers as "lights" and how we cannot be hidden. We should be shining our light to those in darker places and be an example of God's goodness to the world. I realized when I talked to these people, I would try to reassure them but never through God. I realized that time after time, I was relying on myself and my own words to help others. When I should've been asking God, the ultimate comforter, for guidance. Being very blessed to have experienced his love and grace, I should spread the light of God to my friends. For only God can bring true peace. God put me in this situation where people are comfortable enough to speak about their troubles and God does everything for a reason. So not only should I be there for them, I should also be one to connect them with God.

All this and powerful worship lyrics really resonated and gave me the push to raise my hand during the altar call. After talking and praying with someone on the prayer team, I fully made the commitment to Jesus as my personal Lord and Savior. He indeed did have a personal connection with me and was working in me the whole time.

I've learned to put my trust in God a lot more after this. Though I still have doubts occasionally during rough times, I know that God's unending love will never fail. Knowing that God has a plan and is working in me in ways I haven't even realized yet is extremely encouraging. God has saved me and forgave me of my sins and given me the grace I don't deserve. As a follower of him, it is then my job to shine the light to people in darker places. In these situations now, I try to pray to God first, asking for him to transform my friends' hearts. As well as courage for myself to be able to share God's word or ask to pray for them.

I decided to get baptized this year because of my trust in Jesus Christ. I want to put my faith into action and also share it with others. I want to tell others I'm Christian and I want to serve God humbly for the rest of my life. I hope to continuously grow in my faith and put all my trust in God!





Being born into a Christian family, I was very fortunate to have been introduced to Jesus at a young age. However, as a child, attending church was just routine; a way to meet friends and keep my parents satisfied. Learning about bible stories and watching videos were entertaining, but I never gave them much thought outside of church. In fact, instead of ensuring my actions were pleasing to God, I focused on pleasing others first. I would obsess over every little thing, and put too much worth in what others thought of me. However, God eventually revealed his presence in my life and taught me the problem with my mindset through various events and experiences.

One of the first, and more memorable events that I experienced was one year during Easter, when I watched a play about Jesus and the crucifixion. I was moved while I watched the portrayal of Jesus being mocked, beaten, and finally crucified on the cross. How was it possible that someone who knew every wrong thing I have done, and ever will do, still chose to suffer an unbearable death to save me? The play was a reminder of the sacrifice that Jesus made for us, and it caused me to reflect on my own life and actions. In 2018, I accepted Jesus as my saviour. I found it incomprehensible that someone could love me as unconditionally as God does.

However, even though I had accepted Jesus, I still felt insecure. I knew I was completely undeserving of his love, and as a result I felt even worse about myself. Additionally, this was around the time that the pandemic began, and my self esteem took an even larger hit. During this time, I was not in a very good place mentally.

One evening during Crossroads, Pastor Iain shared a message about how we are all made in the image of God. That was when I had a realization: I was so occupied with how others saw me that I failed to think about how God sees me. This shifted my perspective into seeing the value that I hold because I am created in God's likeness.

More recently, during the PGC summer camp in 2023, I saw how God worked in the lives of others around me. Originally, I was nervous and uncertain, because it was our first in-person camp and I felt like I would not be good enough to properly share God's love with others. However, my fears were unfounded, and I realized that what I did was not based on myself, but HIS plan. I could feel his love in the family around me, where I could share my worries and victories with my fellow counselors. I could also see it in the children who were slowly opening up to me. Their curiosity and innocence reminded me of how Jesus said that the kingdom of God belongs to children. I enjoyed watching these children grow, and while they looked up to me, I knew I had plenty to learn from them too. I could be more open and trustful of others.

Though I still occasionally struggle with insecurities, my relationship with God helps me with my values and beliefs. The Bible reminds me that God loves me. 2 Corinthians 12 reads: "My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong." God put obstacles in my life so that I could learn and improve from them. My struggles can be examples to others who may be experiencing the same problems.



Stefania Joy BHENG

I was born and raised in PGC for ever since I remember. I am the third-generation Christian in my family, so naturally I was raised and raised with Christian values, attending church every Sunday, and doing devotions with my dad and sister. My family — especially my dad, kept me accountable for keeping my priority fixed on Jesus. I would have to be at church every Sunday morning, instead of at the skating rink with all my friends. As a child, I knew the place my family had stood in the church. My dad was a deacon and my grandpa was part of the building committee, because of this, it felt natural to continue these beliefs — as it was what I had known for my whole life: to keep up a good image for me and my family.

Fast forward to the start of the 23-24 school year, my grade 9 year in high school. I went from 40 kids in my grade to over 400 kids in my grade. The close tight-knit friend group that I had spent 8 years with switched to 400 kids in my grade that I had never met in my life. This was a turning point in my life as I started to really fall away from God. In semester one, I was extremely unhappy with my life. I was not used to having to make friends all over again, and my relationships at school. I started, in a way, blaming God. I kept asking myself, why would God send me to a new school if I was just going to be miserable, why does he want me to suffer if I can just stay at my small school with 40 students and have fun at school? Although I have been going to church every week for my entire life, it still felt like I did not know Him at all. I did not have a personal relationship with Him. I stopped doing devotions, I stopped enjoying Sunday worship, and I even stopped praying to him — just because I felt like this was all His fault. I felt so alone, with shallow relationships with my friends at school and a deserted relationship with God. This lifestyle repeated for over five months, and the comfortable and "happy" life I had in grade eight was gone.



Hi! My name is Stefania and I am currently going to be a grade 10 student in St.

Angustine's STREAM program. My family includes me, my sister (Atara), my mom (Mina), my dad (Alec), and my dog, Zady. I am currently serving as a CIT in our PGC sports and STEM camp. I'm looking forward to serving alongside my friends this year!

Fast forward to the March break at the start of the second semester, I attended this Christian conference called Teen's Conference that I have attended every year. At this point in my life, God was not truly a part of my life because I did not really trust Him with all my heart. During the Teen's Conference, I met with my team captains and the topic of baptism came up. Previously, a pastor at our church had asked if I wanted to get baptized, I knew I was not ready at that moment as my relationship with God was severed and basically non-existent. After the first day of TC, I started to feel God's presence start to return into my life. I started to feel God's loving presence through people like my captain and different attendees. Finally, on the last day, during the last worship session, everyone was on their feet dancing and singing, glorifying God. I felt a sudden urge to turn to Him and just cast all my worries to Him, opening and surrendering myself to Him. Everything I had been feeling the entire first half of my year was suddenly gone.

I felt so much joy and the Holy Spirit really spoke to me, opening my heart to fully trust in Jesus in what has been the lowest time in my life. Things I have been so angry about for the entire year made me feel at peace and calm. I don't think I realized this at the moment, but this was the moment I was "baptized by the Holy Spirit" (according to Pastor Iain). I felt filled with understanding of my situation. During the Crossroads TC sharing night, Pastor Iain mentioned that when we experience a spiritual high, it is important to use that and act on it. For the past couple of months, I have been doing exactly that. I started my devotions again, with a newfound hunger to learn more about God and His Word and found joy in praising and worshiping Him. I started to see how God was using me in my life even in my new school, trusting Him fully, trusting that He knows what is best for me.

The Holy Spirit continues to work in my life to this day. John 15:26-27 says, "26 "When the Advocate comes, whom I will send to you from the Father the Spirit of truth who goes out from the Father he will testify about me. 27 And you also must testify, for you have been with me from the beginning.". This verse really spoke to me as it showed me that the Holy Spirit was working in my life. Suddenly, I was testifying and sharing the gospel without any shame through the Holy Spirit with people who had not believed yet — which was something I would've been shy to do since the beginning of my journey with God. I began to see why God had pushed me in the direction of meeting new people and going to a brand new school. This renewed relationship not only has made me think differently on a day-to-day basis but has changed the way I live my life, making sure it is pleasing to Him, not because of anything I did but what He did in order to have a personal relationship with me.





My name is Koen Cheung and this is my testimony.

Like many others at PGC, I grew up in a Christian household. My entire family had been following Christ for years. With a father who was an elder and a mother who was a Sunday school teacher, everyone expected something from me. They knew me as the kid who memorized Bible verses and knew every story. I believed that Jesus Christ was my Savior and came to Earth to die for my sins. As a child, I tried to be the perfect example. I took all the Bible stories to heart and acted as if I were the depiction of a perfect Christian. I did everything that was part of the Christian child starter pack: perfect Sunday school attendance, a collection of vacation Bible school bracelets, and participation in all youth groups and cell group meetings. It all felt normal, almost like a habit.

When I was a kid, Pastor Connie at BOSS asked who wanted to believe in Christ, and I did it for a bracelet. For my childhood, I believed that Jesus was my Savior. I believed in Christ mostly because that's what my family and church taught me. However, I had yet to form a deeper personal relationship with Him.

My life changed quite a bit after that. There were constant highs and lows, with a feeling of uncertainty and boredom. Especially during COVID, everything that could have gone wrong seemed to go wrong: no graduation, loss of self-esteem (from the constant comparisons), and loss of real-life connections with friends. I got sick more often, and friends I was once close with drifted away due to high school. I struggled in school due to my attention disorder. Then one day, I suddenly decided to read the Bible and challenged myself to finish it in three months. The more I read, the more my faith matured.

However, this progress faltered. Over the next three years, I lost both my grandfathers, the first family members I was close to who passed away. Both had been non-Christians, stubbornly denying faith for their entire lives. What was miraculous to me was when my yeye (dad's dad) suddenly decided to believe one day, got baptized the next, and reunited with Christ soon after. There were so many possible scenarios, but only one path led to this outcome (like in Endgame when Doctor Strange viewed the 14 million possible outcomes, of which only one resulted in a win for the Avengers). This stood out to me and was like my lightbulb moment, cementing in my mind that He is truly my Savior.

Despite this, my faith struggled again. During grade 10, I didn't keep up with my devotions, my prayer times slacked, and at times I would act like a different person. I cut ties with friends, and everything seemed a mess. I thought that just believing would be enough, but I wasn't living a God-driven life. When asked about baptism, I said I wasn't ready, but now I realize that it's not about being worthy; it's about publicly declaring your faith.

Now, as I write this testimony, I see that God has shown me His mercy through countless instances that I can't fit into this paper. From having a horrible math teacher who drove students away (literally like the Exodus), which led to me getting a spot with a different teacher (I was at the bottom of a waiting list of 65 students); to dealing with a racist and unbearable English teacher who would do anything to lower my grades (took 15% off a project since she didn't like my voice). This led me to meet new people who helped me excel in my journey for both faith and academics, along with the support of caring doctors and friends, who have gotten me through the past years. Even now, when I have decided to get baptized, I am still not the perfect Christian—no one will ever be. However, through my experiences, I have become more of a God-centered human, giving me opportunities to lead in fellowships and Sunday school. This is my public declaration of faith.

1 Corinthians 10:31. Therefore, whether you eat or drink, or whatever you do, do all to the glory of God.

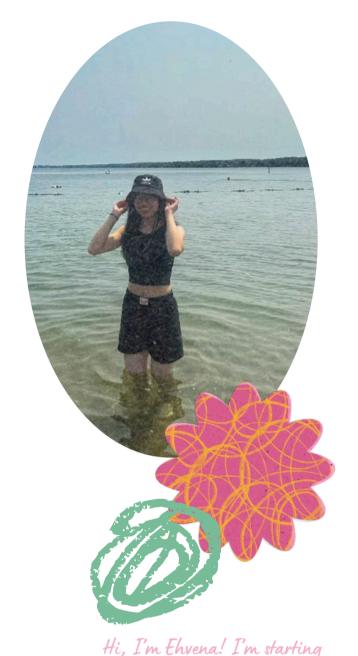


Ebrena Lan

I grew up in a Christian household where attending church and participating in Christian events were very normal parts of my childhood. As a child, I embraced my faith wholeheartedly, largely following the guidance of my parents without questioning. However, as I entered adolescence, I began to question everything—my life, my beliefs, and my identity. This period marked a turning point where I started to rebel, both at home and at school, seeking independence and struggling with insecurities that led me down a path of isolation and negative behaviors.

During the pandemic, my whole world changed. From online school and not being able to see my friends, I felt alone and overwhelmed. I found it difficult to connect with anyone and I felt as if no one understood me. My spiritual life suffered as well; attending online church services became a chore, and I struggled to open my Bible and to pray to God.

It was during this lonely and uncertain time that God gave me a group of friends who would change the course of my life forever. These friends were not only supportive but also rooted in their own faith. Through their encouragement, I began to rediscover the Bible, using the YouVersion Bible App where I explored various Bible plans and devotions. I remember the day clearly, on March 7, 2022 I read 1 Peter 5:7— "Cast all your anxiety on Him because He cares for you". This verse changed my life forever.



Grade 12 this year and I
enjoy video games,
badminton, softball and
serving with my friends. My
family is made up of six
members: my dad, Kelvin,
my mom, Andbuty, my twin
siblings, Deinan and Ennida,
and our dog, Marley. I
accepted Christ on March 7,
2022, and my favorite Bible
verse is 1 Peter 5:7.

Right after I read that verse, a wave of peace unlike anything I had experienced before washed over me and I felt this presence hugging me and reassuring me. It was reassurance that God was indeed real and cared deeply for me and He still loved me and welcomed me with open arms even after I had strayed. All those feelings of loneliness left and after that moment, I knew that someone cared about me deeply and He would take away all of my burdens. I realized that the teachings I had grown up with were not mere traditions but held truths that could anchor and guide me through life. This was the moment when I decided that I would put my trust in Jesus.

Since that transformative experience, my relationship with God has continued to deepen. I have found a renewed sense of peace and confidence in knowing that I am not alone, no matter the challenges I face. Through involvement in school fellowships like Didomi and captaining for Teens Conference, I have encountered a community of believers who have further strengthened my faith and provided meaningful connections.

In my Grade 11 school year, God continued to pour blessings into my life, especially through reconnecting with church. There, I found a close-knit group of friends with whom I could share my burdens and explore God's teachings together. This community became a source of trust and growth for me, affirming that I was never alone. Grade 11 presented its own challenges, with a demanding workload and worldly distractions. Yet, through it all, I found strength in God's presence. He helped me navigate difficult times, teaching me valuable lessons even amidst suffering. I am beyond grateful for everyone who has helped me grow so much this year and I know I can continue living in freedom because of what Jesus has done for me.





I was born in a Christian family, and my parents brought me to church when I was a kid. Before I moved to Canada, the meaning of going to church to me was worshiping God and learning God's words, including meeting different people who always shared the gospel with me. However, after I moved to Canada, I started forgetting the purpose of going to church as I didn't understand the words in English since I am used to reading and listening in Cantonese. As a result, my main point of going to church was just to meet my friends and goof around, until the COVID-19 pandemic. The COVID-19 pandemic has changed my routine of going to church since we have online Zoom meetings or just YouTube videos to watch. However, I was not paying any attention to the meetings and videos we had and stopped listening and watching any of those until we started going back to in-person worship at Silver Star City.

Furthermore, my thoughts of God changed during my grade 11 school year. I was talking about going to church on Sunday, and my friends told me that they are also Christians and will get baptized very soon. Throughout our conversation, I asked them why they wanted to get baptized and how do you know when you are ready. I asked them that because I have the thought of getting baptized, but always think that I am not ready yet. They told me, "As long as you put yourself to God, you are ready", and they even invited me to watch their baptism. During their baptism, I heard a lot of different testimonies about how God had saved them in various ways. When it was their turn to get baptized, I started crying because of reading the lyrics of the song due to the meaning and feeling grateful and happy for them. Throughout the time reading the lyrics of the song and seeing them getting baptized, I started thinking about how God is always beside me, helping me, and guiding me on the path he planned for me. This made me decide to rely on him and put myself on him. Furthermore, one of the most recent things I have thought about God guiding me was during my vacation to Hong Kong, Korea, and Japan last year, I was bringing my grandma back to Hong Kong.

However, our flight from Toronto to Vancouver was delayed. This made me stressed a lot because we had another connecting flight from Vancouver to Hong Kong right later, and I was so worried that we would be stuck in Vancouver if we could not catch the second flight. While I was still waiting for the airline's update, my dad texted me 2 words, "Pray God". I started praying to God, hoping that the second flight would wait for us and everything would be on time. After I prayed, I received a new update for the second flight that it would also be delayed, which also gave me time to bring my grandma to the gate without rushing.

Another recent event that happened in my life would be my mark since I was deciding which university and program I wanted for the upcoming school year. I was stressing out so much about my mark and everything that happened at school, it was a tough time for me. I was struggling with tests, assignments, and exams. Likewise, I couldn't sleep at night, I started feeling I wanted to throw up every moment, and I would start crying at night because I felt very useless. I know that my mental and physical health is breaking apart due to everything that's happening in my life, but I don't know what to do. So I decided to pray to God, telling him how I felt and asking him what I could do, and what I should do. Eventually, he answered my prayer, and my friends, family, teachers, and people from church all supported me in different ways, listening to my inner thoughts and guiding me toward God.

After this happened, I truly believed that God is always around helping me when I have troubles in our lives and guiding us to the right path he planned for us, this is the reason why I decided to get baptized this year. One thing I always remember about God, and this is also what my dad always tells me, is that if he closes one of your doors, he will always open another window for you. He knows all our decisions and thoughts and has prepared a path for us, as he is the one who created us. This has already happened to me many times in my life, and I fully rely on him and trust that he will always be beside me.



Long Yin Barstan Lee

Hello, My name is Carstan. I was born in Hong Kong and came to Canada in Grade 10; now, I am in my second year of university at the University of Toronto.

Unlike many others in PGC, I was not born into a Christian family, and in fact, I am the only Christian in my family right now.

I had always heard about Jesus since I attended Christian schools since kindergarten. I remember once, my school had an Easter celebration, and they invited a group of teenagers from the local church to perform an Easter skit about Jesus's resurrection. Throughout the skit, I felt touched because I couldn't believe that God would give his only son to us and die for us; I would never do that myself. At the same time, I was grateful for what Jesus had done for us on the cross; he used his blood to wash away our sins. At the end of the skit, A leader asked us to raise our hands if we wanted to believe in Jesus, and I did. A leader led us to pray; he asked if we were willing to open our hearts to God and accept God as our only Saviour, and I said yes deep in my heart. But at that time, I was not committed to the relationship with God since I was the only Christian in my friend group and family, and I didn't want to be left out, so I didn't go to church regularly. But when I first came to Canada, I followed my aunt Connie Tam and started attending PGC as my regular church. I began praying to God and reading a Bible chapter every night before bed.



My name is Carstan
Lee. I accepted Christ
when I was in
elementary school. I
like playing sports
like Ultimate frishee
and soccer.

I wanted to get baptized for a few years, but I have yet to dare to do it because I felt like I was not ready and my trust needed to be stronger. One time, there was a tornado warning, the rain was heavy, and there was also lightning, and I was outside. I was panicked and worried about how I should get home. After 5 mins, I decided to call an Uber, and while waiting for my Uber, I kept praying to God to keep me safe during the ride home and protect me. Throughout my ride home, the rain stopped, the wind stopped blowing, and I found peace during the ride. After getting home safely, I instantly prayed to God and thanked him because he listened and eased my mind by providing me peace.

After everything, I realized that whenever I am at the lowest of my low or in danger, I first want to pray to God because I believe God is my Saviour and God loves me even when I am imperfect and flawless. Moreover, my life changed after learning more about God; I became more grateful for everything God had blessed me with, and I no longer fear being left out or rejected because of my faith because I will put everything into God. I genuinely believe God has my back.

This is my testimony of my faith journey. Thank you.





God has always been a part of my life since I was born, however I never really believed in him. As a child I constantly felt forced to attend church and had no personal experience with Him. I lived life seeking fulfillment in all the wrong places, I was chasing after temporary pleasures that will be meaningless in the future. My actions were full of sin and dishonorable to God, not only did going to church feel pointless to me, I also doubted the entire purpose of God's word.

However, one day, everything changed. I enrolled into the PGC summer camp in 2022. I wanted to join the camp primarily because its theme was basketball which I really enjoy playing and because my dad offered to volunteer at the camp. Throughout the camp, the thought of believing in God never crossed my mind but the camp manager, Jacky, started my belief in Christianity. I remember it clearly, it was the fourth day of the camp and Pastor Andy was having a bible study. I went outside to grab my water bottle when Jacky stopped me to talk to me. He shared his personal story with me, he said our experiences at that time were similar, how he didn't believe in Christ as a kid either. His story really inspired me because I could relate to his experiences which altered my thoughts about God. In that moment of realization, I wanted to devote my life to Jesus and accept him as my savior. I confessed my sins, acknowledged my need for a Savior, and invited Him to be the guide of my life. I wanted to correct my actions to be mature and well-developed.

Since that day I accepted God, my relationship with God has been a journey of growth and discovery. I no longer see Him as a distant and judgmental figure but as a loving Father who knows me, cares for me deeply, and listens to my troubles. Prayer has become an everyday conversation with Him where I appreciate all He has done for me that day and where I ask for guidance when I am troubled. Further exploring His Word has become a source of wisdom and guidance for every aspect of my life.

Baptism has become a symbol of my commitment to follow Chris, it's a public declaration of the profound change that He has brought about in my life. It signifies my old self being buried with Christ and rising to new life in Him, a better way of living filled with purpose, hope, and the assurance of God's unfailing love.



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